

CHERRY GORGONZOLA SALSA

Cherry Gorgonzola Salsa

Gluten Free, Low Carb / Diabetes Friendly, Lower Saturated Fat, Lower Sodium, Vegetarian

Serves: 12 (Serving= 1/4 cup)

Nutrition (per serving)

Calories: 50

Total Fat: 1.5 g

Saturated Fat: 1 g

Sodium: 65 mg

Total Carbohydrate: 9 g

Dietary Fiber: 1 g

Total Sugars: 4 g

Added Sugars: 0 g

Protein: 2 g

PREP TIME: 15 min

Ingredients

- 2 cups pitted and diced sweet cherries
- ½ cup crumbled gorgonzola cheese (or any other type of blue cheese)
- 1/3 cup chopped green onion
- 2 Tablespoons chopped fresh mint leaves
- 2 Tablespoons finely diced jalapeno, seeded
- 1 Tablespoon fresh squeezed lime juice

Directions

1. Combine all ingredients in a small bowl. Stir to combine.