PEACHY-KEEN WATERMELON SALSA

Gluten Free, Low Carb / Diabetes Friendly, Lower Saturated Fat, Lower Sodium, Vegetarian

Serves: 10 (Serving= 1/2 cup)

Nutrition (per serving)

Calories: 35 Dietary Fiber: 2 g
Total Fat: 0 g
Saturated Fat: 0 g
Added Sugars: 0 g

Sodium: 0 mg Protein: 1 g Total Carbohydrate: 10 g

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PREP TIME: 15 min



Ingredients

- 2 cups diced seedless watermelon
- 2 cups quartered cherry tomatoes
- 1 ½ cups diced peaches (about 2 peaches)
- ½ cup diced red onion

- 2 Tablespoons chopped fresh cilantro
- ¼ cup sugar free strawberry jam
- ½ jalapeño, seeded and minced
- Zest and juice of 1 lime

Directions

- 1. In a large bowl, combine the watermelon, tomatoes, peaches, onion, and cilantro.
- 2. In a small bowl, whisk together the strawberry jam, jalapeño, lime zest, and lime juice. Drizzle the mixture over the fruit and mix well.

