

# CINNAMON APPLE SNACK MIX

*Lower Saturated Fat, Lower Sodium, Vegetarian*

*Serves: 17 (Serving = 1/2 cup)*

## Nutrition (per serving)

Calories: 153

Total Fat: 9 g

Saturated Fat: 1 g

Sodium: 104 mg

Total Carbohydrate: 18 g

Dietary Fiber: 2 g

Total Sugars: 7 g

Protein: 1 g



## Ingredients

- 1/4 cup tub margarine, melted
- 2 Tablespoons Splenda® Brown Sugar Blend
- 1/2 teaspoon cinnamon
- 3 cup Cinnamon Chex® cereal
- 3 cup Cheerios® Oat Crunch Cinnamon cereal
- 1 cup pecan pieces
- 1 cup apple chips, broken

## Directions

1. Preheat oven to 300 degrees Fahrenheit.
2. Whisk margarine, brown sugar and cinnamon in a large bowl.
3. Add cereals to bowl and toss to coat evenly.
4. Spread mixture onto a baking sheet and bake for 5 minutes.
5. Remove from oven and stir in pecan pieces.
6. Bake for additional 8 minutes, stirring halfway through baking time.
7. Once cooled, add apple chips and toss lightly.