

LOADED FLATBREAD PIZZA

Higher Fiber

Serves: 1

Nutrition (per serving)

Calories: 297

Total Fat: 8 g

Saturated Fat: 4 g

Sodium: 502 mg

Total Carbohydrate: 36 g

Dietary Fiber: 11 g

Total Sugars: 9 g

Protein: 27 g



Ingredients

- 1 Flatout[®] Original flatbread
- 2 Tablespoons Delallo[®] pizza sauce
- 1/3 cup part-skim, low moisture shredded mozzarella cheese
- 1/4 cup shredded chicken breast, cooked
- 2 Tablespoons bell pepper, diced
- 1 Tablespoon onion, diced
- 2 Tablespoons mushrooms, diced
- 2 Tablespoons pineapple, sliced



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Directions

1. Pre-heat oven to 375 degrees Fahrenheit.
2. Place flatbread on ungreased baking sheet. Bake for 2-3 minutes.
3. Remove flatbread from oven and spread sauce around until evenly distributed.
4. Sprinkle cheese over sauce and top with remaining ingredients.
5. Place flatbread back into oven for 4 minutes or until cheese has melted.