

CHILI-LIME JICAMA

Higher Fiber, Low Carb / Diabetes Friendly, Lower Saturated Fat, Lower Sodium, Vegetarian

Serves: 1 cup

Nutrition (per serving)

Calories: 51

Total Fat: 0 g

Sodium: 16 mg

Total Carbohydrate: 12 g

Dietary Fiber: 6 g

Protein: 1 g

Ingredients

4 cups peels jicama, cut into bite size strips or small slices

1/4 cup fresh lime juice

1 tsp chili powder

Directions

1. In a large bowl combine jicama, lime juice and chili powder. Toss to coat.



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