

SMITTEN SNACK MIX

Lower Saturated Fat, Lower Sodium, Vegetarian

Serves: 13 (Serving = 3/4 cup)

Nutrition (per serving)

Calories: 181

Total Fat: 4 g

Saturated Fat: 2 g

Sodium: 116 mg

Total Carbohydrate: 32 g

Dietary Fiber: 2 g

Total Sugars: 15 g

Protein: 3 g



Ingredients

- 4 cups Kashi[®] Honey Toasted Organic Oat Cereal
- 4 cups Vanilla Chex[™]
- 1 cup freeze-dried strawberries
- 1 cup M&Ms[®]

Directions

1. In a large bowl, combine all ingredients. Mix until well combined.