

HONEY LIME WATERMELON WITH FRESH MINT

Gluten Free, Lower Saturated Fat, Lower Sodium, Vegetarian

Serves: 5 (Serving= 1 triangle)

Nutrition (per serving)

Calories: 72

Total Fat: 0 g

Sodium: 2 mg

Total Carbohydrate: 19 g

Dietary Fiber: 0.5 g

Protein: 1 g



Ingredients

- 1 Tablespoon fresh lime juice
- 2 Tablespoons honey
- 5 watermelon triangles (1 triangle = 1/3 of a wedge)
- 1 Tablespoon fresh mint, finely chopped

Directions

1. In a small bowl, whisk lime juice and honey.
2. Brush both sides of watermelon wedge with honey lime juice.
3. Sprinkle fresh mint on top.



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